

**SHOAL BAY PHARMACY AND BEACH SHOP**

ROBERT G. SMITH  
B Pharm., M. P. S.

Telephone: 4981 1247  
Facsimile: 4984 2765

57 Shoal Bay Rd. Shoal Bay NSW 2315

7 Luxury serviced apartments with private balcony or courtyard  
2 apartments with spas

**Lailani**

SERVICED APARTMENTS

Gowrie Ave, Little Beach, Nelson Bay 2315  
Phone: (02) 4981 3304 Fax: (02) 4984 1793

Phone 49 813461  
AH 49 442763  
Fax 49 421845

**Joy Smith**  
M.A.P.A.  
PHYSIOTHERAPIST

118 Stockton Street  
Nelson Bay N.S.W. 2315

**NELSON BAY PHARMACY & GIFT SHOP**

open 7 days

**chem world**  
CHEMIST

71 Magnus Street  
Nelson Bay  
Telephone 4981 1237

John Meadows  
Justine Fairbairn

**SHOAL BAY MOTEL**

4981 1744  
Fax 4984 1052

A stunning beachside HOLIDAY DESTINATION

Fabulous beachfront position that overlooks one of the cleanest, most beautiful, sparkling, blue harbours in the world.

www.portstephens.org.au/shoalbaymotel-sha  
Email: shoalbaymotel@bigpond.com

59-61 Shoal Bay Beachfront Road, Shoal Bay

**KOOKABURRA COTTAGE**  
Farm Stay and Bed & Breakfast

71 Nelson Bay Rd. Bobs Farm

Your hosts  
Scott and Louise Smith

Phone: 4982 6379 Mobile: 0415 158 313

**Information for people who use a wheelchair for mobility**

**Accessible Public Toilets**  
MLAK: Master Locksmiths Association Key is available from any MLA locksmith for approximately \$10 providing a doctor's certificate is provided re the disability.

**Nelson Bay CBD**  
The parking station in Donald Street near Yaccaba corner, wheelchair access toilet. Key: MLAK  
Nelson Bay Cinema (entry via Stockton St. or from the ramp at the rear of the theatre parking lot) Key: No key required  
Nelson Towers complex. Entry from Magnus St or from the ramps in Victoria Pde. Key available from shops.  
d'Albora Marina, near the car park in Teramby Rd. Key available from shops, ground floor only access.

**Accessible toilets for customers only:**  
Hunter Imaging Group X-ray centre in Stockton St.  
Centrelink in Yaccaba St. Ask at the counter. The standard toilets are in the public area but the wheelchair toilet is behind the counter. The Ngoika Horticulture and Therapy Centre, Little Beach.

**Public MLAK Accessible toilets:**  
Nelson Bay Beach near the booking centre (to be completed 2000)  
Little Beach, Dixon St.  
Corlette - on the beach near corner of Foreshore Drive and Sandy Point Rd.  
Anna Bay Shops.  
Fingal Bay Rugby Club.  
Bagnalls Beach.

**Pubs, clubs, restaurants, other places with accessible toilets**  
Fingal Bay Bowls, Sports and Recreation Club, Nelson Bay RSL, Nelson Bay Bowling Club, Shoal Bay Country Club, Soldiers Point Bowling Club, Inner Light House cafe, Little Beach, CC's, Cafe Little Beach, Salamander Bay Shopping Centre, Public Library at Salamander Centre Salamander, Neighbourhood Centre, McDonalds Restaurant Salamander Centre.

The Bridle Path, Nelson Bay

**SYMBOLS**

- Wheelchair route
- Walking Path
- Disabled Parking
- Telephone designed for wheelchair users
- Easiest place for a wheelchair to gain access
- Toilet

**The Bridle Path**  
extends from Apex Park to Dutchies Beach. The section at the eastern end of Dutchies Beach is too steep for wheelchairs, as is the section through Apex Park. This makes access to the flatter section difficult. Try joining the track at the end of Church Street. An excellent secluded walk under huge trees with water views.

**Dutchies Beach West.** A concrete cycleway heads west from Dutchies Beach through a shady scenic park.

**Harbour Breakwater.** A narrow, undulating concrete path caps the rock wall protecting Nelson Bay Harbour. There are no handrails or safety fences and keeping to the concrete is a must. The walk is exposed to winds from the west and northeast. A reckless adventure for the thrill seeker. Start at the Fisherman's Co-Op.

**Nelson Bay**

**Nelson Bay Bicycle Path**  
from d'Albora Marina to Fly Point. An easy journey on concrete with good views, lots of activity and a few interesting side trips. The cycleway is illuminated at night.

**Port Stephens Native Flora Garden.** The easiest access is from the Ngoika Centre. The tracks are gravel and a bit rough for wheelchairs but can be managed with some help. A free interpretative map can usually be obtained from a box at the entrance. There are more types of flowers, bushes and trees here than anywhere else on the peninsula. Most of the plants are named. Bird life is prolific.

**Port Stephens Visitors Centre.** Local information, good wheelchair access.

**Nelson Bay Medical Centre** 4981 1722

**Nelson Bay Golf Club**

**Nelson Bay Bowling Club and Tennis Courts**

**Nelson Bay shops** are set in a hilly landscape. There are some kerbs to mount. The biggest variety of shops, banks and professional services. Also Nelson Lodge Motel 811075. Nelson Towers Motel 841000.

**Medical and Health Centres**  
Nelson Bay Polyclinic, Trevally St, Nelson Bay  
Nelson Bay Community Health Centre (and Public Dental Clinic), Kerrigan St, Nelson Bay  
Salamander Medical Centre, Salamander Centre  
Port Stephens Medical Centre, Keel St, Salamander  
Shoal Bay Medical Centre, Government Rd., Shoal Bay.

**Accommodation for people with a disability**  
The Anchorage Resort, Corlette Pt Rd, Corlette, 4984 2555  
Salamander Shores, 147 Soldiers Pt Rd, Soldiers Pt, 4982 7210  
Workers Club Holiday Resort 48 Marine Dr, Fingal Bay, 811533  
Aloha Villa Motel, Shoal Bay Road Nelson Bay, 4981 2523  
Leilani Court Motel, Gowrie Avenue Nelson Bay, 4981 3304  
Marina Resort, 33 Magnus Street Nelson Bay, 4981 4400  
Nelson Lodge Motel, 1 Government Rd Nelson Bay, 4981 1075.  
Shoal Bay Motel 59-61 Shoal Bay Rd. 4981 1744.  
Lemon Tree Passage Motel 47 Meredith Av LTP 4982 3300.  
Nelson Towers Motel, 71A Victoria Pde Nelson Bay, 4984 1000.  
Bardots Nude Village Resort 288 Gan Rd Anna Bay 4982 2000.  
Halifax Caravan Park, Dixon Street Nelson Bay (has modified toilet/bathroom block but no special accommodation), 4981 1522.  
Fingal Bay Holiday Park, Marine Dr, Fingal Bay (has modified toilet/bathroom block but no special accommodation) 4981 1473.  
Shoal Bay Holiday Park fully accessible cabin, modified toilet/bathroom block, ramp access to 2 cabins 4981 1427.  
One Mile Beach Holiday Park has one accessible cabin 4982 1112.  
Croft Haven B&B 202 Salamander Way Nelson Bay 4984 1799.  
Bays Holiday Park 23 Port Stephens Dr. Anna Bay, accessible cabin and park facilities 4982 1438.  
Kookaburra Cottage Farm Stay 71 Nelson Bay Rd. Bobs Farm 4982 6379.  
O'Carroll's 36 Eucalyptus Dr. One Mile Beach fully accessible cabins in a bushland setting 4982 2801.

**Eating Places:**  
Any of the above which include a bistro or restaurant may be considered accessible. Motels may have meals for guests only. Within the Nelson Bay CBD there are a few cafes and restaurants on ground level, including sidewalk cafes. The Inner Light at Little Beach has a wheelchair ramp and toilet, but a step into the cafe.

**General Information:**  
Borrowing a wheelchair:  
Salamander Shopping Centre has a wheelchair which can be borrowed for shopping. Available from the Centre Office, 4982 0066.  
The Nelson Bay Community Health Centre has wheelchairs and other equipment available for loan to holiday makers.  
**Doctor, Dentist, Optometrist, Chemist:** Accessible services are available at the Salamander Shopping Centre.  
All of the Medical Centres are wheelchair accessible.

**Taxi:**  
A special purpose taxi is available daily Monday to Friday, and Friday and Saturday evenings. Advance bookings are recommended, phone 4981 210

**Things to see, do or visit:**  
Bowling: The Soldiers Point Bowling Club is wheelchair accessible.  
Soldiers Point Boat Ramp, views of Middle Island, One Tree Island, sailboats, moored boats, pelicans and dolphins. Large level area. Bitumen, concrete surface.  
Cruise Boats: A wheelchair may be wheeled onto the *Tamboi Queen* if prior notice is given. Phone 4981 1959.  
Scuba diving from Pro Dive Nelson Bay, 4981 4331.  
Nelson Bay Twin Cinema is wheelchair accessible. Cinema Mall Stockton St, phone 4981 2320.

**Port Stephens Native Flora Garden.** The easiest access is from the Ngoika Centre. The tracks are gravel and a bit rough for wheelchairs but can be managed with some help. A free interpretative map can usually be obtained from a box at the entrance. There are more types of flowers, bushes and trees here than anywhere else on the peninsula. Most of the plants are named. Bird life is prolific.

**Port Stephens Visitors Centre.** Local information, good wheelchair access.

**Nelson Bay Medical Centre** 4981 1722

**Nelson Bay Golf Club**

**Nelson Bay Bowling Club and Tennis Courts**

**Nelson Bay shops** are set in a hilly landscape. There are some kerbs to mount. The biggest variety of shops, banks and professional services. Also Nelson Lodge Motel 811075. Nelson Towers Motel 841000.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Shoal Bay Cycleway.** The best access to this path is from Government Road. It runs behind the Alex McDonald Caravan Park and Harbourside Haven Retirement Village. Just beyond the southern edge of the Cycleway is the Hunter Water Corporation Catchment Area. The concrete path is almost flat except for the last hundred metres to Gowrie Avenue. An open, sunny, busy corridor fringed with trees and gardens.

**Shoal Bay Path.** A well used, narrow concrete path follows the beach. There are glimpses of water through the native vegetation and good mountain views. Access to the start of the walk is easiest from the boat ramp.

**Shoal Bay Shops.** Parking is difficult at holiday time. Most shops are accessible. Also Shoal Bay Motel 4981 1744

**Shoal Bay Medical Centre,** 4981 2600

**Shoal Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze Shopping Centre.** Good offstreet parking and access to shops.

**Nelson Bay R.S.L. Club.** Excellent parking, lifts and toilet. Top class facilities 4981 1344.

**Nelson Bay Community Health Centre.** Corner Kerrigan Street and Gowrie Avenue Phone 4981 2222. Support groups, counselling and all health matters.

**Nelson Bay Polyclinic.** Trevally Street, Phone 4984 1344. A 12 bed public hospital. Doctors and Nursing staff for medical emergencies.

**Sea Breeze**